Sound and Act

Phase 1 skill: Voice Sounds

Aim: Listening and following voice instructions

Why this matters:
Encourages careful
listening, interpreting
vocal clues, and
building focus and
sound attention



How to do it:

1. Let your child cut the worksheet tables into strips.

2. Put the strips into a container and let your child pick one without looking.

3. Give your child the instructions for making the sound and actions of the animal/object they chose.

Do this to help: Demonstrate the

sound and action

Take turns you pick

2. Take turns, you pick and your child can give the instructions

3. Use exaggerated movements and sounds

Sound and Act

| Picture | What it is | Sound | Act it out |
|---------|------------|---------|---|
| | Bee | Buzz | Buzz around the room with wiggly arms |
| | Frog | Ribbit | Hop like a frog and croak loudly |
| | Cat | Meow | Curl up, stretch and purr like a cat |
| | Elephant | Trumpet | Make a trumpet sound with your arm as a trunk |
| | Dog | Woof | Bark and pretend to jump up |
| | | | |

Helping Hand Workbooks