

# Make Your Own Beats

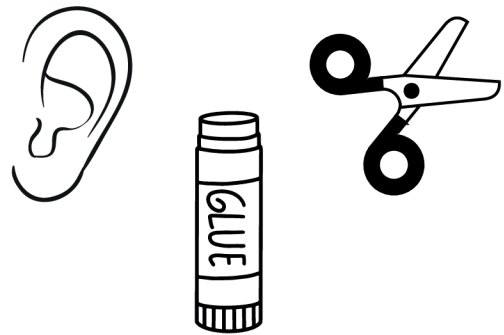
## Phase 1 skill: Body Percussion

**Aim: Create and perform your own body percussion patterns**

### Why this matters:

**It encourages creativity and improves auditory memory**

### What you'll need:



### How to do it:

1. Model each sound and action for your child first.
2. Let your child cut out the action icons, arrange them in a pattern and stick them down.
3. Act out the actions line by line, repeating the line of actions about three times or as many times as you like.

### Say this to help:

1. I'll try then you copy
2. Let's do that again
3. Now you try and I'll copy
4. Can you do them faster?

# Make Your Own Beats

What pattern will you choose?

